

Religious Education: Unit Overview- Sikhism

Sikhism Overview

What knowledge must the children acquire by the end of Year 6?

- Know that Sikhs believe in one God with no form or gender.
- Know that everyone has direct access to God and God treats everyone equally.
- Know that God is known as Waheguru.
- Know that the 10 Gurus are the founders of Sikhism.
- Know that Guru Nanak was the first Guru.
- Know the key events in Guru Nanak's life.
- Each Guru is believed to have added something new to the religion.
- Know that The Guru Granth Sahib is the Sikh Holy Book.
- Know that The Guru Granth Sahib is known as a "living Guru" and written by the 5th Guru onwards.
- Know that a Gurdwara is where Sikhs come together to worship.
- Know that every Gurdwara has a Guru Granth Sahib.
- Know that family is important to Sikhs.
- Know that children are seen as a gift which will allow Sikhism to continue.
- Know that babies are named using the Guru Granth Sahib.
- Know that Sikhs believe in helping others in the community.
- Know that a Sikh has three duties – Pray, Work and Give.
- Know that all Sikhs have the 5K's on them at all times.
- Know that the 5K's are: Kesh (uncut hair), Kangha (wooden comb), Kara (iron bracelet), Kachera (cotton undergarments), Kirpan (steel sword)
- Know that Sikhs allow their hair to grow naturally to show respect for the perfection of God's creation.
- Know that the first book in The Guru Granth Sahib was written by the 5th Guru but this was later added to by the 10th.
- Know how the Guru Granth Sahib is treated like a "living Guru".
- Know that the first part of every section in The Guru Granth Sahib begins with The Mool Mantra
- Know that Mool Mantra means essential teachings.
- Know that The Mool Mantra are believed to be the first words uttered by Guru Nanak on his enlightenment.
- Know that the Mool Mantra contains the key belief about Waheguru.
- Know that Gurdwara means "Guru's house"

- Know the features of a Gurdwara: Nishan (flag), langar (free kitchen), Sangat (congregation), Guru Granth Sahib, Four entrances, Manji Sahib (platform for Guru Granth Sahib), Main prayer hall, Sach Khand (room where Guru Granth Sahib kept overnight)
- Know that Nitnem Banis are a collection of Sikh hymns part of Sikh daily worship. Nitnem means “daily discipline”
- Know that Seva is about helping others without gaining anything yourself and be able to give examples.
- Know that service is part of Sikh Worship.
- Know how and why Guru Granth Sahib is celebrated in September.
- Know how and why Guru Nanak’s birthday is celebrated on November 15th

Year 2

End of Unit Outcome:

Understand and explain the importance and function of the 5Ks to Sikhs

Opportunities for writing, oracy and mathematics:

Creating a poster introducing the 5 K’s and explaining their significance.
Writing questions for the Cambridge Gurdwara

British Values Link

Individual Liberty: the right to believe, act and express oneself freely.

We will be learning about what Sikhs believe. You may agree with some of what you learn but you may not agree with other parts. In Britain, we think everyone has the right to believe, act and express oneself freely. This is why it is so important that we learn about world religions because it enables us to better understand differences and also to celebrate aspects of life that other people value.

Tolerance of those of different faiths and beliefs.

Alongside people having the right to believe, act and express oneself freely, in Britain, we also think that we should respect and celebrate differences. Accepting differences is not enough, we should strive to understand differences so that we can understand how individual’s personal identities are formed. Through learning about differences, we become better able to celebrate the diversity of Britain.

Resource:

The 5 K’s
Pictures or videos of a Gurdwara

What knowledge must the children acquire in order to achieve the end of unit outcome?

- Know that Sikhs believe in one God with no form or gender.
- Know that everyone has direct access to God and God treats everyone equally.
- Know that God is known as Waheguru.

- Know that the 10 Gurus are the founders of Sikhism.
- Know that Guru Nanak was the first Guru.
- Know the key events in Guru Nanak's life.
- Each Guru is believed to have added something new to the religion.
- Know that The Guru Granth Sahib is the Sikh Holy Book.
- Know that The Guru Granth Sahib is known as a "living Guru" and written by the 5th Guru onwards.
- Know that a Gurdwara is where Sikhs come together to worship.
- Know that every Gurdwara has a Guru Granth Sahib.
- Know that family is important to Sikhs.
- Know that children are seen as a gift which will allow Sikhism to continue.
- Know that babies are named using the Guru Granth Sahib.
- Know that Sikhs believe in helping others in the community.
- Know that a Sikh has three duties – Pray, Work and Give.
- Know that all Sikhs have the 5K's on them at all times.
- Know that the 5K's are: Kesh (uncut hair), Kangha (wooden comb), Kara (iron bracelet), Kachera (cotton undergarments), Kirpan (steel sword)
- Know that Sikhs allow their hair to grow naturally to show respect for the perfection of God's creation.

	Recap	New Knowledge: WHAT	HOW? I do, We do, You do
1	<p>Christianity is a religion and Christians believe in one God. Buddhism is a religion and Buddhists don't believe in a god.</p> <p>Baisakhi or Vaisakhi are Sikh festivals.</p>	<ul style="list-style-type: none"> • Know that Sikhs believe in one God with no form or gender. • Know that everyone has direct access to God and God treats everyone equally. • Know that God is known a Waheguru. • Know that the 10 Gurus are the founders of Sikhism. • Know that Guru Nanak was the first Guru. • Know about the important events in Guru Nanak's life • Each Guru is believed to have added something new to the religion. <p>(2 week)</p>	<p>I do Teach the beliefs that Sikhs have about God. Each statement will need explaining. Put dual coding prompts on the board.</p> <p>We do Ask the children questions testing their understanding.</p> <p>You do The Sikhs believe in God. Tell me as much as you know.</p> <hr/> <p>I do Understand that the 10 Gurus are the founders of Sikhism. Learn about the key events in Guru Nanak's (the first Guru) life. Put key words on the board as reminders.</p> <p>We do With a partner, retell the story of his life using the words on the board as support.</p>

			<p>You do Which do you think is the most important event in Guru Nanak's life and why?</p>
2	<p>What are the three religions that the children have learnt about so far? What the people called who follow these religions? Quiz</p>	<ul style="list-style-type: none"> • Know that The Guru Granth Sahib is the Sikh Holy Book. • Know that The Guru Granth Sahib is known as a "living Guru" and written by the 5th Guru onwards. <p>(1 week)</p>	<p>I do Introduce The Guru Granth Sahib. Practise saying and writing it. Explain why the Sikhs think of the book as a "living Guru"</p> <p>We do You do Why is The Guru Granth Sahib thought of a "living Guru"</p>
3	<p>Why is a Guru an important person to a Sikhs?</p>	<ul style="list-style-type: none"> • Know that a Gurdwara is where Sihks come together to worship. • Know that every Gurdwara has a Guru Granth Sahib. <p>(1 week)</p>	<p>I do Show images of a Gurdwara and explain that this is where Sikhs come together to worship. Look on a map to locate local Gurdwara's. Explain that Godmanchester does not have a Gurdwara and so Sikhs living in Godmanchester would have to travel into Cambridge or Peterborough to come together to worship. Show an image of a Guru Granth Sahib and explain that every Gurdwara contains one.</p> <p>We do Create a bank of questions to ask a Sikh about the Gurdwara and Guru Granth Sahib</p> <p>You do Write three questions to ask a Sikh about the Gurdwara and Guru Granth Sahib <i>Questions to be e-mailed to Cambridge Gurdwara.</i></p>
4	<p>What religious buildings do the children know? Name as many features of a church as they can in 1 minute.</p>	<ul style="list-style-type: none"> • Know that family is important to Sikhs. • Know that children are seen as a gift which will allow Sikhism to continue. • Know that babies are named using the Guru Granth Sahib. 	<p>I do If something is important to you, you look after it, care for it, spend time with it, and protect it.</p> <p>We do</p>

		(1 week)	<p>With a partner, discuss how a Sikh may show that family is important to them.</p> <p>I do Children are a gift because it allows Sikhism to continue. Why is this important? Explain how the names for babies are chosen. This shows how important The Guru Granth Sahib is.</p> <p>You do Explain the role The Guru Granth Sahib plays in choosing a baby's name.</p>
5	The Guru Granth is a 'Living Guru'. Can you explain what this means?	<ul style="list-style-type: none"> • Know that Sikhs believe in helping others in the community. • Know that a Sikh has three duties – Pray, Work and Give. <p>(1 week)</p>	<p>I do Introduce the Three duties and discuss their meaning. Focus on the word Give and explain how giving could mean many things. The duty is Giving to those in need.</p> <p>We do In partners, discuss what sort of things could be given.</p> <p>You do Record in pictures or sentences some of the different types of things that could be given.</p>
6	How many festivals can the children name? Sort into the different religions.	<ul style="list-style-type: none"> • Know that all Sikhs always have the 5K's on them. • Know that the 5K's are: Kesh (uncut hair), Kangha (wooden comb), Kara (iron bracelet), Kachera (cotton undergarments), Kirpan (steel sword) • Know that Sikhs allow their hair to grow naturally to show respect for the perfection of God's creation. <p>(2 weeks)</p>	<p>Week 1</p> <p>I do Introduce the 5K's. Explain the meaning behind each one. Initially, put the picture with the correct word.</p> <p>We do Separate or rub out the pictures and leave just the words on the board. With partners, put the correct picture with the correct word. Bonus points for any meanings remembered.</p> <p>Go over any forgotten meaning.</p> <p>You do Create a poster explain and introducing the 5 K's.</p> <p>Week 2</p> <p>I do</p>

			<p>Explain to the children why Sikhs do not cut their hair. They believe God has created them and to cut your hair, they believe, is to say that they can do better than God and they are unhappy with what God has given them.</p> <p>We do Using the words believe, created, God explain with your partner on the white board why Sikh's do not cut their hair.</p> <p>You do Why do Sikhs not cut their hair? Draw a picture of a Sikh man woman and boy and girl showing Kesh. Label</p>
7		<ul style="list-style-type: none"> Assessment (1 week) 	<p><i>The 5Ks are important to Sikhs because ...</i> <i>The 5Ks are important to Sikhs but ...</i> <i>The 5Ks are important to Sikhs therefore ... (Greater Depth)</i></p>
Year 3			
End of Unit Outcome: Understand and explain the importance of The Guru Granth Sahib to a Sikh.			
Opportunities for writing, oracy and mathematics: Write an explanation as to how and why The Guru Granth Sahib is treated like a 'Living Guru'			
Considerations: Compare the beliefs about God with those of a Jew or a Christian. Consider how Christians, Sikhs and Jews treat their Holy Book and the part it plays in their religion.		Resource: Mool Mantra Video of Gurdwara	
<p>What knowledge must the children acquire in order to achieve the end of unit outcome?</p> <ul style="list-style-type: none"> Know that the first book in The Guru Granth Sahib was written by the 5th Guru but this was later added to by the 10th. Know how the Guru Granth Sahib is treated like a "living Guru". Know that the first part of every section in The Guru Granth Sahib begins with The Mool Mantra Know that Mool Mantra means essential teachings. Know that The Mool Mantra are believed to be the first words uttered by Guru Nanak on his enlightenment. 			

- Know that the Mool Mantra contains the key belief about Waheguru.
- Know that Gurdwara means “Guru’s house”
- Know the features of a Gurdwara: Nishan (flag), langar (free kitchen), Sangat (congregation), Guru Granth Sahib, Four entrances, Manji Sahib (platform for Guru Granth Sahib), Main prayer hall, Sach Khand (room where Guru Granth Sahib kept overnight)
- Know that Nitnem Banis are a collection of Sikh hymns part of Sikh daily worship. Nitnem means “daily discipline”
- Know that Seva is about helping others without gaining anything yourself and be able to give examples.
- Know that service is part of Sikh Worship.
- Know how and why Guru Granth Sahib is celebrated in September.
- Know how and why Guru Nanak’s birthday is celebrated on November 15th

	Recap	New Knowledge: WHAT	HOW? I do, We do, You do
	<ul style="list-style-type: none"> • Know that Sikhs believe in one God with no form or gender. • Know that everyone has direct access to God and God treats everyone equally. • Know that God is known as Waheguru. • Know that the 10 Gurus are the founders of Sikhism. • Know that Guru Nanak was the first Guru. • Know that a Sikh has three duties – Pray, Work and Give. • Know that The Guru Granth Sahib is the Sikh Holy Book. 		<p>I do Recap on all Year 2 knowledge, recording key words and pictures on the board.</p> <p>We do Using the pictures and words on the board, write a question on your white board. Then take it in turns to ask the class your questions.</p> <p>You do Complete Stem sentences confirming your understanding.</p>

	<ul style="list-style-type: none"> • Know that a Gurdwara is where Sikhs come together to worship. • Know the 5K's 		
1	<p>Complete this sentence: Sikhs believe ... How much can you write in 2 minutes?</p>	<ul style="list-style-type: none"> • Know that the first book in The Guru Granth Sahib was written by the 5th Guru but this was later added to by the 10th. • Know how the Guru Granth Sahib is treated like a "living Guru". • Know how and why Guru Granth Sahib is celebrated in September <p>(1 week)</p>	<p>I do: Explain how information was passed down through the Gurus until Guru 5. Sikhism has grown so much it was much harder to ensure consistency, so hymns were written down. This continued through to Guru 10. Finally, the information was written down in a book called the Guru Granth Sahib. It is so much part of a Sikh's life and shares so much information it is thought to be more than a book and treated as a "living Guru". Watch the BBC video on Guru Granth Sahib</p> <p>We do: Together record ways that The Guru Granth Sahib is treated like a living person.</p> <p>You do: How is The Guru Granth sahib different to the first 10 Gurus?</p>
2	<p>How did the Guru Granth Sahib help to name babies?</p>	<ul style="list-style-type: none"> • Know that the first part of The Guru Granth Sahib begins with The Mool Mantra • Know that Mool Mantra means essential teachings. • Know that The Mool Mantra are believed to be the first words uttered by Guru Nanak on his enlightenment. • Know that the Mool Mantra contains the key belief about Waheguru. <p>(1weeks)</p>	<p>I do: Share the new knowledge and the actual words of The Mool Mantra.</p> <p>We do: Looking at the words of The Mool Mantra, what can we learn about the beliefs of a Sikh? Record on the class board.</p> <p>You do: How do their beliefs compare to Christian and Jewish beliefs about God?</p>
3	<p>The Synagogue is a Jewish house of worship. With a partner, on a white board,</p>	<ul style="list-style-type: none"> • Know that Gurdwara means "Guru's house" • Know the features of a Gurdwara: Nishan (flag), langar (free kitchen), Sangat (congregation), Guru Granth Sahib, 	<p>I do: Recap on a Gurdwara being the Sikh house of worship.</p>

	write down as many facts as you can about it.	<p>Four entrances, Manji Sahib (platform for Guru Granth Sahib), Main prayer hall, Sach Khand (room where Guru Granth Sahib kept overnight)</p> <ul style="list-style-type: none"> • Know that Nitnem Banis are a collection of Sikh hymns which are part of Sikh daily worship. Nitnem means “daily discipline <p>(1 weeks)</p>	<p>Watch the BBC video showing the inside. Include any features not covered by the video clip. Explain the importance or symbolism of the features.</p> <p>Explain that Nitnem Banis are a collection of Sikh hymns which are part of Sikh daily worship. Nitnem means “daily discipline”.</p> <p>(1 weeks)</p> <p>We do: Using the pictures and words on the board, label the Gurdwara.</p> <p>You do: Underneath the picture, give explanations or more detail about each feature.</p>
4	How is the Old Testament different to the New Testament? 1 minute to think of as many answers as you can.	<ul style="list-style-type: none"> • Know that Seva is about helping others without gaining anything yourself and be able to give examples. • Know that service is part of Sikh Worship. <p>(1 weeks)</p>	<p>I do Seva is a form of worship. Not all worship is praying and singing. Worship is giving thanks to God and Sikh’s believe you can give thanks by helping others without gaining anything yourself. For example, cooking in the Langar, gardening for elderly people.</p> <p>Watch the video</p> <p>We do Together record other possible acts of Seva.</p> <p>You do How can Sikhs worship God? Give at least 3 answers.</p>
5	Watch the video to review Guru Nanak's life.	<ul style="list-style-type: none"> • Know how and why Guru Granth Sahib is celebrated in September. • Know how and why Guru Nanak’s birthday is celebrated on November 15th • The Birthday of Guru Nanak - BBC Teach • Guru Nanak and the Boulder Story from Guru Nanak's Life #GuruNanak550 - SikhNet.com - Bing video 	<p>I do Introduce Guru Nanak’s birthday and look at how it is celebrated.</p> <p>We do Sikhs celebrated Guru Nanak’s birthday by ... Sikhs celebrate Guru Nanak’s birthday because ...</p>

			<p>You do What qualities would you use to describe Guru Nanak? What qualities would you use to describe yourself? Time for reflection.</p>
6		Assessment	<p>The Guru Granth Sahib is important to Sikh's because ... The Guru Granth Sahib is important to Sikh's but ... The Guru Granth Sahib is important to Sikh's therefor ...</p>