


# Year 3 PSHE: Relationships—Beginning and Belonging

## Learning to Recap:

- We all belong to our school community. We have shared values and expectations.
- When we belong we feel happy and secure. If we are feeling sad or upset we can ask for help.
- We can make others feel welcome by smiling and playing with them.
- We can make others feel better by listening or helping.
- We all have a network who can listen to us and help.
- We can calm down by stopping, waiting and telling.
- We all have responsibilities which we are expected to do. Our school expectations make our responsibilities clear. If we do not follow our school expectations there will be consequences.

## New Knowledge and Vocabulary

My network	 <p>2 x adults at school; 2x adults at home (outside of school); 1x friend</p>
School values	Our values are hard work and kindness. We have a responsibility to be kind to ourselves and others and to always work hard (to the best of our ability)
Collaboration	Working with others .Working as a team towards a goal.
Collaborator	Someone who works with others as a team.
Collaborative relationships	Getting to know our class mates better by working together with them. Working with people we might not always play with or get on with.
Dealing with new situations	<p>New situations can make us feel:</p> <ul style="list-style-type: none"> <li>• Nervous or scared</li> <li>• Excited or happy</li> <li>• Worried or anxious</li> </ul> <p>We can cope with these feelings by:</p> <ul style="list-style-type: none"> <li>• Asking for help</li> <li>• Talking about our feelings</li> <li>• Knowing that nerves are normal</li> </ul>
Asking for help	<p>If we ever feel upset, worried or unsure, we should ask for help.</p> <ul style="list-style-type: none"> <li>• Find a trusted adult</li> <li>• Talk to them about our feelings</li> <li>• Listen to their answers</li> </ul>
Offering help	<p>If we know someone is upset, worried or unsure, we can help by:</p> <ul style="list-style-type: none"> <li>• Talking to them</li> <li>• Listening to their worries</li> <li>• Sharing, supporting and</li> <li>• Asking an adult to help</li> </ul>



## Books to share



## Application of knowledge

### Stem sentences for discussion:

- Our school values are.....
- A responsibility at school is to .....
- I can collaborate with others by .....
- Collaborative relationships are important because ..
- New situations can make me feel ...but I can deal with them by .....
- One way to ask for help is to .....
- We can offer help by saying .....

### Create a poster promoting our school values and why they are important.

### Because, but, therefore...

- I am a collaborator because...
- I am a collaborator but...
- I am a collaborator therefore...