


Year 1 PSHE: Relationships -Beginning and Belonging







Learning to Recap:

- Our school is called Godmanchester Community Academy
- We followed the school expectations and listen to the adults
- A range of emotions: happy, sad, angry, excited
- Feeling linked to these emotions: hot, butterflies, lonely, tired, jumpy
- Other people have feelings and our actions can affect them







New Knowledge and Vocabulary

Belonging	Feeling happy and secure in a group
Our school community	We all belong to our school community and our class community. We have shared values and expectations
Feelings	Reactions to an emotion: scared, nervous, excited
Making people feel welcome	Smile—be kind and caring Talk—tell them about you, ask about them Play—let them join in Help—show them
Making people feel better	Smile—be kind and caring Listen— find out why they feel upset or worried Tell—share with an adult who could help Play—let them join in
Calming down	Stop— walk away Wait—count to 10 and breath Tell—tell someone what made you feel angry or upset
Asking for help	If we ever feel upset, worried or unsure, we should ask for help. <ul style="list-style-type: none"> • Find a trusted adult • Talk to them about our feelings • Listen to their answers
My network	 <p>2x adults at school; 2x adults at home (outside of school); 1x friend</p>

Pupil Expectations: Around School

-  We play nicely and care and respect each other following our playground rules.
-  At the end of playtimes, we stop after the first whistle and walk to our lines after the second whistle.
-  We line up after playtimes silently and in register order.
-  We walk quietly and calmly through the school— we do not run.
-  At playtimes, we only come in to use the toilet or the water fountain – we do not go into classrooms
-  We enter and leave assembly silently in register order

Pupil Expectations: In the Classroom

-  We try our best with all of our learning no matter what the subject
-  We sit attentively and listen carefully to our adults – we do not swing on our chairs or slouch
-  We respect the views and opinions of others – we do not talk over others
-  We do not distract others from their learning
-  We take responsibility for looking after our classroom and the school as a whole
-  We value our education

Because, but, (therefore)...

My network is important because...

My network is important but...

Application of knowledge

Participate in circle time discussions about belonging, welcoming, asking for help and calming down

Create a network hand(s) featuring trusted adults who could help