



School Asthma Card

The information requested below has been adapted from the Asthma UK School Asthma Card and is to be completed by a parent/carer and returned to office@gca.acesmat.uk
A digital signature is acceptable

Child's Name	
D.O.B	
Year Group	

Reliever Treatment when needed

For shortness of breath, sudden tightness in the chest, wheeze or cough, give or allow my child to take the medicines (inhalers) below. After treatment and as soon as they feel better, they can return to normal activity.

Medicine Name (salbutamol, terbutaline etc)	Dose (no: of puffs and time between each one, maximum dose)

	Yes	No
Does your child tell you when he/she needs medicine?		
Does your child need help taking his/her medicine?		
Does your child need to use a spacer with his/her inhaler?		
Does your child need to take any other asthma medicine while in the school's care? If you have answered yes, please provide further details in the additional information section below.		

Please ensure that you have checked the expiry date of any medicines and that any medicines that are due to expire are replaced promptly.

Parent/Carer Signature: _____

Date: _____

Office Use Only:	
Date Completed Form Received	
Medicine kept in school (y/n)	
Medicine expiry checked (y/n)	
Class Teacher Informed (y/n)	

What to do if a child is having an asthma attack

- Help them sit up straight and keep calm.
- Help them take one puff of their reliever inhaler (usually blue) every 30-60 seconds, up to a maximum of 10 puffs.
- Call 999 for an ambulance if:
 - their symptoms get worse while they're using their inhaler - this could be a cough, breathlessness, wheeze, tight chest or sometimes a child will say they have a 'tummy ache'
 - they don't feel better after 10 puffs
 - you're worried at any time.
- You can repeat step 2 if the ambulance is taking longer than 15 minutes.

Any asthma questions?
Call our friendly helpline nurses
0300 222 5800
(9am - 5pm; Mon - Fri)
www.asthma.org.uk






Additional Information: